

Grey Matters of North Texas Recommended Reading List

The following list of recommended reading resources was submitted by:

Reni Parker, LPC, NCC My Guiding Light Counseling www.myguidinglightcounseling.com

Recommended Books for Adults:

The Fall of Freddie the Leaf, A Story of Life for All Ages by Dr. Leo Buscaglia
The Last Lecture by Randy Pausch
Grieving Forward by Susan Duke
Tuesdays with Morrie by Mitch Albom
Letting Go, Morrie's Reflections on Living While Dying by Morrie Schwartz
Living When a Loved One Has Died by Earl A. Grollman
My Journey with Farrah by Alana Stewart
The Measure of Our Days by Dr. Jerome Groopman
The Mourning Handbook by Helen Fitzgerald
Good Grief, Healing Through the Shadow of Loss by Deborah Morris Coryell
The Dying Time, Practical Wisdom Dying and Their Caregivers by Furman & McNabb
The Four Things That Matter Most by Dr. Ira Byrock
A Book About Living by Dr. Ira Byrock
Dying Well: The Prospect of Growth at the End of Life by Dr. Ira Byrock
Palliative and End-of-Life Pearls by Dr. Ira Byrock
The Giving Tree by Shel Silverstein
Facing Death and Finding Hope by Christine Longaker
strong at the broken places by Richard Cohen
Who Moved My Cheese? by Dr. Spencer Johnson

Recommended Books for Teens:

The Fall of Freddie the Leaf, A Story of Life for All Ages by Dr. Leo Buscaglia
The Giving Tree by Shel Silverstein
The Grieving Teen by Helen Fitzgerald
Coping with Cancer by Holly Cefrey
Journey Through Heartsongs by Mattie J.T. Stepanek
Celebrate Through Heartsongs by Mattie J.T. Stepanek
Who Moved My Cheese? for Teens by Dr. Spencer Johnson

Recommended Books for Children:

Who Moved My Cheese? for Kids by Dr. Spencer Johnson
Chicken Sunday by Patricia Polacco
When Dinosaurs Die by Laurie Brown and Marc Brown
Love You Forever by Robert Munsch
Hana Upstairs and Hana Downstairs by Tomie de Paola
I Miss You, A First Look at Death by Pat Thomas
Goodbye Mousie by Robert Harris
My Family is Living with Cancer by Sandra Hayouri and Miriam McLaughlin
Gentle Willows by Dr. Joyce Mills
What's Heaven by Maria Shriver
Someone Special Died by Joan Singleton Prestine